

# 2009 Spa Services Menu

385 West 600 North  
 Lindon  
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 www.spautah.com



## Spa Facials

**Aesthetica Express**      \$39  
 Speeds up the cellular activity of the dermal cells to stimulate self-rejuvenation of the dermis.  
 30 minutes

**Aesthetica Paradise**      \$90  
 Often described as a non-surgical face-lift. Improves skin clarity, elasticity, texture and overall health.  
 60 minutes

**In Control**      \$85  
 This facial addresses the main areas of concern for acne-prone clients—bacteria control, gentle exfoliation and excessive oil production. 75 minutes

**Relax**      \$75  
 Excellent calming treatment, it detoxifies and purges the skin of impurities.  
 60 minutes

**One Wish**      \$75  
 Targets dry or mature skin. Helps to restore freshness, vitality and moisture level.  
 60 minutes

**Mother Nature**      \$85  
 A blend of volcanic ash and China clay, nature's most powerful detoxifiers, leaving your skin feeling revitalized and tightened.  
 60 minutes

## Microdermabrasion

**Microderm**  
 A medical-grade microderm skin treatment program can help reduce fine lines, pigmentation and improve skin texture and acne scarring.

Mini (w/o mask): \$45  
 Face: \$95  
 Face & Neck: \$115  
 Face, Neck & Chest: \$130

**Glycolic Therapy**  
 This process uncovers new skin cells to reveal a smoother, fresher and more hydrated skin surface. Helps minimize the appearance of pores, reduces the development of pimples and stimulates skin circulation.

Face: \$75  
 Face & Neck: \$90  
 Face, Neck & Chest: \$105

**Micro & Peel Combo**  
 For a revitalizing lift, combine glycolic therapy with a microderm treatment and pampering facial. The ultimate treatment to leave your complexion plump, fresh and supple.

Mini (w/o mask): \$85  
 Face: \$110  
 Face & Neck: \$125  
 Face, Neck & Chest: \$150

## Body Treatments & Wraps

**Body Soft Salt Glow**      \$65  
 Invigorating and awakening, this exfoliant leaves you with unbelievably silky, soft, glowing skin.  
 45 minutes

**Island Cast Away**      \$85  
 This high-intensity treatment for the back helps eliminate breakouts and keeps acne-prone skin under control.  
 60 minutes

**Angels Touch**      \$105  
 Utilizes a healing enzymatic action that nourishes the skin and aids in cell rejuvenation. 80 minutes

**Exotic Breeze**      \$105  
 Brings balance to your body as it smoothes the skin and stimulates your metabolism.  
 80 minutes

**Brazilian Rainforest**      \$85  
 This wrap is noteworthy for its healing properties and also aids in the formation of a natural barrier against disease.  
 60 minutes

**Pacific Paradise**      \$100  
 A unique treatment which employs the South Pacific Noni fruit. Noni is known for its legendary healing powers while naturally tightening the skin.  
 60 minutes

Waxing

Eye Brows	\$18-20
Lip	\$10
Chin	\$12
Ear	\$20
Neckline	\$20
Under Arm	\$20-30
½ Arm	\$20-30
Full Arm	\$25-35
Back or Chest	\$30-50
Bikini Line	\$25-45
Brazilian	\$50-70
½ Lower Leg	\$35-40
½ Upper Leg w/ Bikini Line	\$55-70
Full Leg w/ Bikini Line	\$75-100
Full Body	\$150-200

Massage

Classic (Swedish) 55 minutes \$65	Deep Tissue 55 minute \$75
90 minutes \$105	90 minutes \$120
Hot Stone Massage 55 minutes \$85	

Eyes & Ears

Eye Lash Perm	\$45	Enjoy long, luscious lashes for weeks without the hassle of eye pinching curlers.	
Terrific Lash & Tint	Say hello to truly dramatic eyes.		
Lashes:	\$18	add on	\$14
Brows:	\$15		\$11
Lash & Brows:	\$25		\$19
Ear Candling	\$35	Helps relieve pressure, wax buildup and inner ear blockage.	

Feet

SPA PEDICURES	
Aesthetica Express (30 min.)	\$29
Aesthetica Essentials (50 min.)	\$50
Aesthetica Complete	\$60
Hot Stone	\$79

CALIFORNIA SUNLESS TANNING

Full body single treatment \$25

Package of five treatments \$105

SPA ETIQUETTE

RESERVATIONS

Though not required, we suggest that you make reservations in advance so that you are able to secure your preferred time and treatment.

CHECK-IN

Please arrive at least 15 minutes prior to your scheduled appointment to allow time to check in.

GRATUITIES

Gratuities are at the clients discretion and appreciated by the staff for outstanding service.

MINIMUM AGE

The services of Aesthetica are appropriate for guests 18 years and older. Clientele under the age of 18 are welcome to receive spa and laser services when accompanied by an adult.

SAFETY AND WELL-BEING

Please notify Spa staff of any medical condition that may contraindicate your treatment. For your safety and well-being, we highly discourage alcohol consumption prior to or after any spa treatment. Sun exposure before or after any skin care therapy is not recommended.

CANCELLATIONS

As a courtesy to all our clientele and staff, please give advance notice when unable to make a scheduled appointment.

WHY AESTHETICA?

MEDICAL DIRECTOR

Dr. Kimball Crofts, a board certified plastic surgeon, has been practicing in Utah since 1996. AESTHETICA Medical Spa is located adjacent to his plastic surgery practice in Lindon. His direction, insight and input allow AESTHETICA to achieve superior results which ultimately allow you to relax, rejuvenate and renew.

Whether you come to AESTHETICA for a hot stone massage or laser hair removal you will quickly realize that the primary goal of Dr. Crofts and his staff is your safety, comfort and complete satisfaction. AESTHETICA brings together the highest level of products and services, leading edge technology and the best talent available in the medical spa and aesthetic laser industry today. Dr. Crofts and his staff will strive to provide the highest level of specialized and personal care available anywhere.

OUR SERVICES

As a medical spa, AESTHETICA combines the comfort of a day spa with non-invasive medical procedures that focus on rejuvenation and renewal. traditional spa services such as facials, massages and body treatments are offered along side lasers, intense pulsed light technology, medical microdermabrasion, Botox, Restylane, and medical peels. These new technologies offered in a medical spa setting allow AESTHETICA to offer anti-aging and image enhancement procedures without surgery or recovery time.